

Master Medical List

The **Master Medical List** is a summary document to alert school staff regarding students with health conditions who may require assistance with:

1. A life-threatening health condition,
2. Medication administration,
3. Complex health care needs (Nursing Support Services clients).

Life Threatening Health Conditions are defined as:

- **Anaphylactic or Severe Allergies** (e.g. food, insect stings, latex),
- **Severe Asthma** requiring hospitalization in the past year,
- **Blood Clotting Disorders** (e.g. haemophilia)
- **Epilepsy** with a history of Tonic-Clonic (Grand Mal) seizures in the past two years,
- **Serious heart condition,**
- **Other health conditions** that may require emergency care.

Standard Emergency Treatments for Anaphylaxis, Diabetes, Asthma and Seizures are:

ANAPHYLAXIS

Symptoms

Most common symptoms: Facial swelling, difficulty breathing or swallowing, hives, panicky or confused.

Treatment

- Administer EpiPen
- **Call 911 and request Life Support Ambulance**
- If no improvement in 10 minutes **may** administer second EpiPen **if available**
- Notify parents/guardians
- Student **MUST** go to hospital **by ambulance** for observation

HYPOGLYCEMIA (low blood sugar)

Symptoms

Skin: cold, clammy, sweaty or pale

Mood: irritable, inattentive, confused, nervous, headache

Other: hungry, weak, nauseated, shaky

Treatment

- Give 125 ml of fruit juice immediately
- Repeat in 15 minutes if symptoms remain
- **Call 911** if student faints, **loses** consciousness or seizures
- If student is unable to swallow do not give anything by mouth
- Notify parents/guardians

ASTHMATIC ATTACK

Symptoms

Most common symptoms: severe coughing, severe shortness of breath, severe wheezing, difficulty speaking or panicky

Treatment

- Sit student upright
- Give “reliever” (puffer) medication
- Repeat medication in 10 minutes if symptoms remain
- **Call 911** if attack does not respond to medication
- Notify parents/guardians of asthma attack

GENERALIZED SEIZURE

Symptoms

Abrupt loss of consciousness followed by violent muscular contractions lasting up to 5 minutes

Treatment

- Ease student to the floor
- Let the seizure run its course
- Clear surrounding space to prevent injury
- DO NOT restrain movements or put anything in the mouth
- Turn student onto side when seizure is over
- Stay with student until no longer confused
- Provide opportunity to sleep following
- **Call 911** if seizure lasts more than 5 minutes or student doesn't regain consciousness when seizure ends
- Notify parents/guardian of seizure

This information is subject to and protected by the Freedom of Information and Protection of Privacy Act.